IDR

Pewarding Every ske?

Dance at Home Journal International Dance Rewards

Date Name	
Online dance lessons I have completed at home Name of any online classes I have completed. Feel free to add photos to your journal	
Stretches I am working on	
Dance or Theatre Productions I have watched online	
Dance related crafts or colouring in I have done	
Top two things I have learnt or tried! eg: ballet glossary or dance terms, How to do a ballet bun or French plaits, how to use zoom or anything new that's not dance related too!	n!
What have I got better at? This doesn't have to be dance related	
What can I work on and improve?	anc
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